

Hawaii MARINE LIFESTYLES

HAWAII MARINE B SECTION

OCTOBER 22, 2004

Halloween

Treats and tricks abound

Planning ahead and preparing children for the holiday will keep the goblins at bay

Cpl. Megan L. Stiner
Combat Correspondent

"Trick or treat, smell my feet, give me something good to eat. If you don't, I don't care, I'll find someone else to scare," are words uttered by hundreds of little children dressed up as goblins, princesses, ninjas and Smurfs each year on All Hallows Eve.

Halloween traditions throughout the United States include going to haunted houses, dressing up in costumes and eating lots of junk food out of old pillow covers or plastic jack-o'-lanterns. The time has come yet again for Halloween fun, this year be sure to safeguard your child's scary excitement.

Collect treats safely

Trick-or-treating is the most popular form of celebrating Halloween. The experience for adults and children can be quite different, however, as the years have progressed, more and more terrifying stories of trick-or-treating horror have arisen. This year keep the worries to a minimum by following these simple candy-gathering tips:

- Make sure children are only out during the daylight hours, unless accompanied by an adult.
- Plan a safe route, so parents know where their kids will be at all times, and implement a curfew.
- Be sure to remind children not to cut through alleys and fields and stay in well-lit areas.
- Warn children to beware of objects in yards they can trip over or uneven terrain.
- Bring your children to an area where you know the people and the houses they will be receiving candy from and tell them not to approach unlit houses.

- Instruct children not to eat any candy unless you have examined it first.
- Make sure your children know not to enter anyone's house or car that they do not know.
- Give your child a flashlight or reflective tape to make sure they are more visible to cars.
- Send your child out in a group of children; the more the merrier.

Be mindful of costume safety

With trick-or-treating comes the search for the perfect costume. There are certain safety precautions to keep in mind as well when it comes to children in costumes. Here are a few safety tips to prevent any costume catastrophes:

- Make sure your child's costume is fire proof and the eyeholes are large enough to allow for good peripheral vision.
- If you set up jack-o'-lanterns with candles in them make sure they are far enough away from where the children will be so they do not catch their costumes on fire.
- If your child carries a prop that may have hard, sharp edges, be sure to sand them or cut them so they are smooth and flexible enough to not injure anyone.

Careful planning will help create a safe, memorable haunt

When creating a haunted house, yard or garage, there are many safety precautions and concerns to keep in mind. To make a fun and safe, yet scary atmosphere for children, here are a few pointers to remember:

- The first step when planning a haunted area is to get homeowner's insurance for the nights the haunting will occur. No one wants a lawsuit on

Halloween events

- **Youth Activities Haunted House** — building 477, Oct. 29 – 30, 6 – 9 p.m.
- **HQBN Haunted House** — Pless Hall, tonight, Saturday, Oct. 29 – 31, 7 – 10 p.m.
- **Pumpkin Carving Contest** — Base theater, Oct. 31, 12:30 – 1:30 p.m.
- **Trick-or-Treating** — Base, Sunday, 6 – 9 p.m.

their hands.

- Remove obstacles from porches, lawns and steps that pose trip hazards.

• If you own pets that may be aggressive towards children or strangers, keep them inside the house.

• When building a haunt, be sure to create walkways with enough room for children to move through the area without hitting objects.

• If you want to use jack-o'-lanterns, use a battery-operated lighting device as opposed to candles — to reduce the chance of creating a fire-hazard and avoid the hassle of handling hot wax.

• If you use fake blood, make sure it will not stain visitor's clothing or any pets that may come along for the fun. Fake blood can be both toxic and extremely hard to wash out of clothes.

• Post signs around your haunt if it is particularly gruesome to forewarn visitors with weak stomachs.

The most important thing to keep in mind is that this is a holiday of fun and



Sgt. Jerome L. Edwards

This hanging skeleton is a testimonial of the inventive handiwork of Headquarters Battalion Marines and Sailors. Service members of Headquarters Battalion worked numerous hours to construct their haunted house located inside Pless Hall.

excitement. Your children may want to get spooked, so know their limits. Keep safety in mind, but make it a memorable time. Children only have so many years of trick-or-treating to celebrate. Have fun, happy candy hunting and let the haunting begin.

For more info about Halloween safety, call Maria Giovanetty at 257-1830.

A tale of Halloween

Cpl. Megan L. Stiner
Combat Correspondent

The origin of the holiday now known as Halloween, dates back to nearly 2,000 years ago when the Celtic people of Ireland, the United Kingdom and northern France celebrated the New Year.

The first of November marked the end of the summer harvest season and the beginning of the cold winter months. The festival associated with that time of year was called Samhain, which meant the end of summer, and was celebrated on Oct. 31. It was believed that during the festival, all the people who had died during the year would cross over to another world.

To help the spirits in their journey and rejoice their passing the townspeople would set out food for the spirits, light bonfires and dress up in masks and costumes. The Druids, or Celtic priests would also build huge bonfires, where crops and animals would be sacrificed to the deities.

Missionaries soon came and labeled the Celtic holiday as evil. In turn they created All Saints Day to

honor all Christian Saints. But the Celtic traditions held on strong as the people continued to celebrate All Hallows Eve, and began to pray for the souls of the passing spirits, which brought about All Souls Day.

One story of why the missionaries believed the holiday to be evil involves the notion of witches. A man was walking down a country road on All Hallows Eve and he noticed a bonfire burning in the distance. The man came closer and saw people dancing around in costumes with torches in their hands. The moon was bright that night and it gave the illusion of people flying through the air. He quickly ran to the village and told the people he had seen witches and there was evil coming.

These tales and traditions of the holiday were brought to America with the flood of immigrants during the second half of the 19th century. Americans changed the traditions a bit by dressing in costumes and travelling from house to house asking for food or money; quite possibly the first type of "trick-or-treating."



The late 1800s brought about yet another change to the holiday festivities when Halloween parties became extremely popular and parades were held throughout many small towns to commemorate the holiday.

Tricking had become more popular than treating until the 1950s when vandalism began to fade out of the picture during the age-old celebration. Treats were handed out more frequently and the holiday became more of a children's celebration.

Halloween is now the country's second largest commercial holiday, with celebrators spending more than \$2 billion dollars each year on candy.

More recently, Halloween is being celebrated by more adults as well as children. Costume parties are a common occurrence and many parents decorate their homes and pass out candy to the young "trick-or-treaters."

Many of the old traditions have changed and the original meaning of the holiday may have been lost over time, but whether it is still celebrated because of the spiritual significance or because of the fun of costumes and candy, Halloween is still an anticipated time of the year for many.

Hawaii Marine's top 13 scary movie picks

*Available at Mega Video

1. ***The Exorcist** (1973): Two priests, called in as a last resort, are convinced a 12-year-old girl is possessed by the devil and the only way to save her is through exorcism. The source of projectile vomiting, this is a cult classic and based on a true story.

2. ***Psycho** (1960): A young female embezzler arrives at the Bates Motel run by a quiet, young man dominated by his mother, whose dysfunctional relationship could shock even Jerry Springer fans.

3. ***The Birds** (1963): Birds exhibiting strange behavior begin attacking the inhabitants of a quiet coastal town with increasing sav-

ageness in this Hitchcock film.

4. **Rosemary's Baby** (1968): A tale of a newlywed whose life spirals in a downward cycle as she realizes that she has become the victim of a cult of Devil-worshippers.

5. ***The Texas Chainsaw Massacre** (1974): A group of teenagers traveling through Texas fall prey to a murderous and cannibalistic family with a penchant for power tools.

6. ***Halloween** (1978): A psychotic murderer institutionalized at the age of 6 for killing his older sister, escapes on a mindless rampage. Wearing a stolen white hockey mask, which becomes his grisly

trademark, Michael Myers returns to terrorize his childhood town.

7. ***Alien** (1979): A mining ship, investigating an SOS, lands on a distant planet. The crew encounters a nightmarish alien species and attempt to escape decimation before they are captured and used as breeding pods.

8. ***The Amityville Horror** (1979): This modern tale of possession tells the story of a newlywed couple and their children who move into their "Dream" house on the coast of Long Island, not knowing a murder had been committed in it a few years back. It's incidents like this that prompted the creation of the Residential Property

Disclosure Act.

9. ***The Shining** (1980): Jack Nicholson puts in one of his most sinister performances as a deranged hotel groundskeeper with plenty of power tools to play with. Need we say more?

10. ***Nightmare on Elm Street** (1984): In his victim's dreams, a disembodied child murderer stalks the children of the members of the lynch mob that killed him — with deadly consequences.

11. ***Children of the Corn** (1984): A young couple is caught in a town where the adults are killed by children who worship a malevo-

lent entity within the cornfields.

12. ***Pet Sematary** (1989): A family is tempted to use an ancient Native American Indian burial ground that resurrects the dead.

13. ***The Ring** (2002): A reporter sets out to investigate the urban legend of a videotape that brings about the demise of those who watch it within a week. The reporter's chilling journey will make the hairs on your neck stand on end. Based on the original 1998 Japanese phenomenon "Ringu."



MARINE CORPS COMMUNITY SERVICES

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Possibilities in Paradise



Kahuna's Bar & Grill

254-7660/7661

Oktoberfest Celebration — Kahuna's is hosting Oktoberfest Saturday from 7 p.m. – 12:30 a.m. Head to the fest tent for German cuisine and specialty beverages. The cost is \$20 for food and beverage samplings.

A DJ will spin from 7 – 9 p.m. and the Wiener Wald Band will perform from 9 p.m. – 12 a.m.

Club NFL — Your club has the latest in NFL Monday Night Football action. Get the folks together for giveaways and more football fun than you'll get watching somewhere else.

On Monday, watch the Denver Broncos take on the Cincinnati Bengals.

NASCAR Sundays — Race to the club to catch NASCAR. The club opens with breakfast at 7 a.m. and serves selections from the grill menu until closing time at 8 p.m.

Receive \$1 off chicken wings when you wear your favorite race driver's gear.

Latin Night — Mix it up with El Conjunto Tropical at Latin Night. Salsa down to the club Friday at 6 p.m. to enjoy the live band, dancing, cold beverages and pupus.

Kahuna's Halloween — It's fight and fright night at with brawls and creepy crawls Oct. 30. U.S.A. boxing in the ballroom begins at 6 p.m.; the cost is \$12.

Get spooked in the Sports Bar with a costume party, DJ entertainment and a pumpkin carving contest at 9 p.m. Prizes will be awarded for the most original, scariest and funniest costumes.



Staff NCO Club

254-5481

Club NFL — Your club has the latest in NFL Monday Night Football action. Get the folks together for giveaways and more football fun than you'll get watching somewhere else.

On Monday, watch the Denver Broncos take on the Cincinnati Bengals.

Staff NCO Halloween Bash — The Staff NCO Club has a standing tradition of hosting the craziest Halloween bashes. This year's bash on Oct. 30 promises more of the same.

Dress up in your best costume and head to the club for beverages and pupus. DJ entertainment begins at 8 p.m.



All Hands



All DoD personnel is invited to a free concert Sunday at the Pop Warner Field when the Muscular Dystrophy Association, Harley Davidson Motorcycles and Cycle City Ltd.'s Aloha Ride rolls into Kaneohe Bay.

All motorcyclists are invited to participate this special ride that honored guest, Willie G. Davidson, grandson of one of the Harley Davidson founders, is scheduled to lead.

Riders must accumulate a donation of at least \$30 to participate in the ride.

The ride will begin at Cycle City's new location, 600 Puuloa Road, where, as part of the registration fee, riders will receive a free breakfast, an Aloha Ride Harley Davidson pin, and identification armband, free admission to the concert aboard MCB Hawaii, Kaneohe Bay, where the ride concludes, two drink coupons, lunch and an 'opportunity drawing' ticket.

The more money participants raise and donate, the more they receive in return. Riders who raise \$100 or more will have the chance to win a 2004 Harley Davidson Sportster, among other gifts.

Breakfast will be available from 6 to 10 a.m., registration will start at 7 a.m., and the ride is scheduled to begin at 10:30 a.m.

All ride participants are invited to the ensuing concert, featuring Willie K and Go Jimmy Go, that will begin around 11:30 a.m. There will also be food and beverage concession stands and possible stunt-dirt bike performances. The gates will be closed to civilians at 1 p.m.

Registration packets can be picked up at the Semper Fit Center and Hawaii Marine office here, or at Cycle

City.

Last-minute registration will be allowed at Cycle City the morning of the event.

To donate or for more information, call Paula Ota at 548-0588.

Haunted House — Youth Activities will freak you out with their annual haunted house on Oct. 29 and 30, from 6 – 9 p.m. in building 477.

Dress your children in their costumes and bring the little ghosts and goblins to a maze of scary sideshows guaranteed to spook them. Tours will be led by the teens and pre-teens of Youth Activities.

Located next to the Klipper Golf Course in the quonset hut, the haunted house is open to the base community. Admission is free for members and children 4 years and younger; nonmembers and children 5 and older will cost \$1.

For more information, call Youth Activities at 254-7651.

Pro Bowl Package — Invite family and friends out to the Hawaiian Pro Bowl weekend, Feb. 10 – 14. Leisure Travel is selling a package deal from the West Coast at \$1,099 per person.

The package includes round-trip air transportation from Los Angeles to Honolulu, four-night hotel accommodations, tailgate party on the shores of Pearl Harbor and NFL Pro Bowl game tickets.

For more information, call 254-7413.

Ongoing

Live NFL Games — Check out all the Sunday NFL games live on DIRECTV at Kahuna's Sports Bar & Grill and The Staff NCO Rocker Room. The clubs opens at 7 a.m. and breakfast will be available for purchase.

Cash Office Hours — As of Nov. 1, check cashing hours will be Monday – Saturday from 11 a.m. to 7 p.m., Sundays and Holidays from 11 a.m. to 6 p.m.

KOSC Tour of Homes — The holiday season seems to start a little earlier every year. The malls started selling Christmas decorations in September, proving it's never too early to start the holiday cheer.

This year's Kaneohe Bay Officer Spouses' Club Tour of Homes is following suit as they begin registration for the annual Tour of Homes on Dec. 3, 6:30 – 9:30 p.m.

KOSC is looking for individuals that enjoy holiday decorating and are interested in showcasing their homes in the annual tour. Open your doors to the community and show off your creative flare and holiday spirit. Any house aboard Marine Corps Base Hawaii is invited to participate. To register your home, call KOSC at 254-2491.

The tour begins at 6:30 p.m. and is open to all ranks. Tickets cost \$7 in advance or \$10 at the door and proceeds are donated to charities. Come early and enjoy Mongolian Barbecue dinner at The Officers' Club served at 5 p.m. Dinner is an additional cost to the ticket.

For more information, contact your unit's KOSC representative or call 254-2491.



Fix it Yourself — Want to do a little work on your prized vehicle, but don't have the space or tools to

get the job done? Cruise on over to the Auto Skills Center located at building 3097, next to the 24-hour car wash, and utilize their tools to get your baby back in top form.

Certified Hawaii Safety inspections are also available weekdays from noon to 6 p.m. and weekends and holidays from 9 a.m. to 3 p.m.

Opening bids closes on Oct. 25. For more information, call 254-7674. **1992 Toyota Celica GT \$1100** The vehicle is in running condition and needs light body work.

1996 Ford Taurus GL \$725 Vehicle is in running condition, has light body blemishes, and the front seal on the transmission is leaking. **1995 Chevy Monte Carlo Z34 \$840** Vehicle is in running condition, it needs brake work and has slight body blemishes.

Entertainment Books — The 2005 Entertainment Books with great discounts on all of your favorite activities and restaurants in Hawaii is on sale now. The books cost \$30 and are great as holiday gifts.

To buy or for more information, call Information, Tickets and Tours at 254-7563.

Mega Video Blow Out — Now through Oct. 31., get huge discounts on your favorite movies on VHS tape. Purchase a regularly priced \$9.95 tape for only \$5, a \$7.95 tape for only \$2 or a \$5.95 tape for just \$1.



A S Y M C A Playmornings — Kids and parents are all invited to come have fun at the Armed Services YMCA "Playmornings." Spend quality time with your children and get to know other families aboard the base. Playmornings is a facilitated parent-child program to encourage bonding within and amongst families.

Enjoy crafts, games, songs and fun at varied locations across the base. The program runs Monday through Friday, from 9:30 to 11 a.m. at the following locations: Mondays at Hale Koa Beach, Tuesdays at the Youth Activities building 5082, Wednesdays and Fridays at the Super Playground and Thursdays at Connor Loop Playground. In case of inclement weather, head to the Armed Services YMCA at building 1638. Call 254-4719 for more details.

7-Day Store — The hours of operation for the 7-Day Store are Monday – Friday, 6 a.m. – midnight; Saturday and Sunday at 7:30 a.m. – 10 p.m.

Swing Lessons — Kahuna's Ballroom is teaching you how to dance. Every Monday, Swing dance lessons will be taught from 7 to 9 p.m. The cost is only \$2 so grab a partner and get ready to twist, twirl, and spin the night away.

For more details, call 254-7660.

Salsa Lessons — Impress her with your fancy foot and hip action. Take a few salsa lessons at Kahuna's Ballroom every Tuesday from 7 to 9 p.m. and you will be set to hit the town. Lessons are \$2.

For more information, call 254-7660.

Friday Night Barbecue — Every Friday, let someone else do the grilling. Head to The Staff NCO Club for your favorite grilled New York strip, pork chops, chicken or fish and a full buffet of all the fixings including grilled corn, assorted grilled vegetables, mixed green salad and watermelon. Served from 5 to 9 p.m.

For reservations or more information, call 254-5481.

Cage The Rage — Learn to understand and control your anger

with ongoing classes Thursdays, 1 – 3:30 p.m. There are eight weekly sessions in each series. Participants can start anytime.

To schedule a brief orientation appointment call 257-7780/7781.

Mongolian Barbecue — Don't feel like cooking dinner? Every Wednesday and Friday night, head out to The Officers' Club for Mongolian Barbecue and leave the work to the professionals.

Buffet style, select your favorite veggies and meat including chicken, shrimp, pork and beef; pile your bowl high, and kick it up a notch with a sauce of your choice. Then watch the grill masters flip, sauté and grill your dinner to perfection.

Mongolian Barbecue is served every Wednesday and Friday at 5:30 p.m. Call 254-7649.

Lava Java — Located next to the Base Theater, Lava Java is proudly brewing Starbucks. A variety of your favorite espresso drinks, coffee and pastries are served Monday through Friday, 6 a.m. to 2 p.m.

Mega Video — Check out these weekly rental specials.

Monday — Rent one new release, get one category movie free.

Tuesday — Rent a video game at regular price and rent a second one for \$2.50.

Wednesday — Rent three new releases (VHS or DVD), receive an extra day rental.

Thursday — Rent one DVD at the regular price, rent the second one for \$1.75 (includes new releases).

Friday — Rent family and children's movies for 75-cents (no new releases).

Saturday — Rent any basic stock movie (no new releases) for regular price and rent the second stock movie for \$1.25.

Sunday — Rent any Sunday Special movie for \$1.00. (Each week is a different section. See store calendar for selected section.)

Tradewind Travel — If travel is in your future, look to Tradewind Travel to book your next trip. Located in Mokapu Mall, Tradewind Travel can arrange mainland flights, interisland packages, Norwegian Cruises and most recently, a five-night Sydney, Australia package.

Tradewind Travel is open Mondays – Fridays from 10 a.m. to 6 p.m. and Saturdays from 9 a.m. to 2 p.m. For more info, call 254-7413.

Looking for a Job? — Marine Corps Community Services employs more than 850 employees in retail, food and hospitality, fitness, child and youth activities, water safety, logistics and administration. Stop by the MCCS Personnel office located in building 219. Get a job or career that suits your skills, schedule and style.

For more information, call 254-7619 or visit www.mccs.hawaii.com/jobs/listings.html.

MCCS One Source — MCCS One Source provides Active duty and their families, reservists, sister services and service delivery staff with information and resources that can help improve many areas of life. From relocation to education needs, family support to health and wellness, financial matters to everyday issues, MCCS One Source is your one stop resource to finding information, guidance, and answers.

Registration is easy for MCCS One Source. To create your own personal profile, log onto the MCCSOneSource.com Web site, and enter "Marines" as your user name. Then enter "semper fi" as your password.

If you want more interactive assistance, call a One Source consultant at: CONUS: (800) 433-6868, or OCONUS Universal Free Phone: (800) 237-42374, or OCONUS collect: (484) 530-5908. TTY/TDD access is available through (800) 346-9188.

SM&SP



All events are open to unaccompanied E-5 and below who are active duty Marines or Sailors. The SM&SP Office is located in building 1629, inside the Kahuna's Recreation Center. Get more details on activities at www.MCCS.Hawaii.com under the "Semper Fitness" icon, or call 254-7593.

Upcoming Events

Barracks Bashes: Ask your Barrack's SM&SP representative about the upcoming Barracks Bashes and let your voice be heard. The events include free food and loads of fun, so call the SM&SP Coordinator for more information.

SM&SP Benefits

Single Marines and Sailors of MCB Hawaii enjoy many bargains such as the following:

- **At the Tennis Courts:** You can get into the swing of things with free tennis lessons Thursdays from 11 a.m. – 12 p.m. Call 258-8081 to make your reservations.

- **At the Kaneohe Klipper Golf Course:** Practice your swing with free-range balls, club rental at \$5 per set, 9 holes of play at \$5, or 18 holes of play for \$9.

- **At K-Bay Lanes:** Score with games at \$1.50 each, free shoe rental (Mondays through Thursdays), and no-tap at \$15 on Thursdays at 8:15 p.m.

- **At the Base Marina:** Enjoy free, unit-sanctioned "Adventure Training" with classes in scuba, power boating, water skiing and much more.

- **At the Base Theater:** Be entertained by the second movie on Friday and Saturday nights — for free (all E-5 and below)!

- **Inflatable Game Rentals:** Sumo suits, the Gladiator Joust and the Big Bouncy boxing ring are all available for unit functions on MCB Hawaii, for only \$100 per game.

MOVIE TIME

Prices: Adults (12 and older) are \$3, children 6 to 11, \$1.50 and children 5 and younger, free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for R-rated movies in person at the box office for children 16-years-old and younger. For E-5 and below, admission is free to the second show on Friday and Saturday evenings only. Sunday evenings, the price is \$1 for all patrons. Show your ID card at the box office. Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

Hero (PG-13)	Today at 7:15 p.m.
Suspect Zero (R)	Today at 9:45 p.m.
Vanity Fair (PG-13)	Saturday at 7:15 p.m.
Anacondas:	
The Hunt for the Blood Orchid (PG-13)	Saturday at 9:45 p.m.
Superbabies 2 (PG)	Sunday at 2:00 p.m.
Hero (PG-13)	Sunday at 6:30 p.m.
Vanity Fair (PG-13)	Wednesday at 6:30 p.m.
Wicker Park (PG-13)	Friday at 7:15 p.m.
Vanity Fair (PG-13)	Friday at 9:45 p.m.

Community urged to learn, participate in safety events

Cpl. Jessica M. Mills
Sports Editor

The safety of our community is always a number one concern here, and to remain faithful to this notion, the Base Safety Center will be sponsoring a free child safety seat inspection, bike rodeo, and crime prevention fair Oct. 30 at the Child Development Center and Mokapu Mall.

Most parents would go to any length to prevent injury to their child. This natural instinct to protect our children should extend to all situations, including car travel.

To assist parents in the arduous job of parenting, and help minimize the risk of injury to children in case of a car accident, the second Base Safety Center Car Seat Check-up event of the year will be held at the Mokapu Mall parking lot from 10 a.m. until 1 p.m.

With the wide variety of child restraint systems, belt systems and passenger vehicles, correctly installing a child restraint system can be challenging.

“Many parents don’t understand how to properly install a car seat,” said Sgt. Timothy Kemp, the safety noncommissioned officer at the Base Safety Center. “There are many common mistakes that are made during installation, and rather than taking the chance with your child’s safety, parents should come and learn the correct methods.”

During the inspection, technicians will look for correct seat belt routing and verify the height and weight standards for each seat. They will also teach parents to identify and correct common mistakes when installing a child restraint and securing your child in the restraint.

This extra attention, Base Safety hopes, will enable parents to properly install any other car seats they may acquire in the future, without the help of a technician.

•In accordance with Hawaii state law, youngsters traveling in vehicles must be buckled in a child restraint system at all times until they are 4-years-old and 40 pounds. Children must meet both requirements before being taken out of a child restraint system.

•All children under the age of 12 should be placed in the back seat of the car, especially if you have passenger side



Photo Courtesy of Base Safety Center

Mario Diprete, safety specialist with Base Safety, makes certain the seat belt is routed correctly through a child safety seat.

air bags.

•Infants should be in a rear facing infant only seat or convertible seat until they are 1-year-old and twenty pounds. Children who reach twenty pounds before their first birthday still need to face backwards, but parents should upgrade them into a rear-facing convertible seat.

•Children weighing more than 40 pounds should be placed into a belt positioning booster seat.

•You should not use your car’s regular seat belts until they fit correctly, when your child is about 80 pounds and is 4-foot-9-inches tall.

•Your child will not be ready to use regular seat belts until the shoulder strap fits across your child’s shoulder and not his neck, and the lap belt fits across his hips and not his stomach.

•Be sure to read the car seat manufacturer’s instructions and your car owner’s manual to be sure that you are installing and using the car seat correctly.

•Never put an infant in the front seat of a vehicle with a passenger air bag.

Bicycle Rodeo

The MCB Hawaii Bicycle Rodeo, sponsored by the Provost Marshals Office, the Base Safety Center, and the Honolulu Police Department, will also coincide with the car seat inspection.

The rodeo will take place at the Child Development Center parking lot from 9 a.m. until 1 p.m., and will provide free bicycle safety inspections to children and parents.

The main focus of the rodeo is to educate young cyclists, from kindergartners to teenagers, and empower them with the

basic skills for on-road riding safety.

The safety clinic will feature bike and safety inspections by the Provost Marshals Office and the Honolulu Police Department. It will also include a safety bicycle course for riders and educational information including rules of the road and helmet safety. Children will learn about blind corners, stopping at stop signs, staying off sidewalks, yielding to pedestrians, avoiding the door-zone, intersections, crosswalks and drive-ways.

Some of the rules children need to know:

•Stop at signals and stop

signs

•Stop, or slow to a crawl before entering any roadway or blind intersections

•Slow vehicles keep right

•Ride with traffic, not against it

•Signal your turns

•Ride predictably, no swerving or curb jumping

•Stay off the sidewalks — unless local law permits

•Most importantly — just pay attention!

For more information, contact 257-1830.

Crime Prevention Fair

Last but not least, there will also be a Crime Prevention Fair, held at the Mokapu Mall courtyard from 9 a.m. until 1 p.m., that will be hosted by the Military Police Department and other military units and outside agencies.

The fair will offer many informational booths and static displays, in regards to drug and crime prevention, to educate the community.

“We really want people to come by and check the information we have about protecting themselves and their homes,” said Daryl Picadura, community services coordinator with the Provost Marshals Office. “In these kind of times, people really need to know everything to protect themselves.”

With all of the options available, thanks to the Base Safety Center, the Provost Marshals Office and HPD, there will be something for everyone Oct. 30, so be sure to stop by and see how you can better integrate safety into your and your children’s lives.

MCB Hawaii learns about value of a watt

Residents, workers encouraged to utilize energy-saving options

Cpl. Jessica M. Mills
Sports Editor

According to the MCB Hawaii Energy Management Program, the base spends about \$14 million each year on energy alone. Although this is a highly populated installation, the figure is still higher than it should be. So, in an effort to promote energy conservation, the Facilities Department held an Energy Awareness Fair at Mokapu Mall here, Friday afternoon.

The U.S. Department of Energy has designated the month of October as National Energy Awareness Month, and this year’s theme is “Smart Energy Choices.” Continuing with that theme, the fair showcased many energy saving programs and projects that are taking place aboard the base, as well as some good energy-saving tips for employees and residents of the base.

Those who stopped by the fair also received many free gifts reminding them to conserve energy, such as stress relievers, stickers, magnets, pads, pens and calendars.

Energy efficient products, such as halogen light bulbs and energy star-rated appliances, on display and representatives from the Energy Management Office were on hand throughout the day to discuss different energy saving options and products offered by the exchange.

“We are trying to promote energy awareness among our population,” said John Dunbar, resource efficiency manager for MCB Hawaii. “The base has been implementing a number of programs to support energy conservation, including solar water heating in the new housing areas and more efficient lighting in the hangars, but we need everyone to try and do their part.”

During the fair, a Pedal Power Competition was held to show how calories burned could be equivalent to kilowatt-hours. Each competitor rode a stationary bike at the highest level they could manage for two minutes, attempting to burn the highest number of calories. Riders received an energy awareness mug, and an opportunity to win a \$20 gift certificate from Marine Corps Community Services.

“Every little measure you can make to save energy can really make a difference,” said Merlinda Bertubin, the energy program analyst. “Most base residents don’t see how much energy costs on this base, but it is not free, \$14 million is a lot of money.

“We are just asking for everyone to put in some effort. If you see something turned on that might be a waste of energy, then turn it off. Or try and buy energy efficient products like halogen light bulbs or ceiling fans instead of air conditioners, there are so many opportunities to help,” explained Bertubin.

For more information on the MCB Hawaii Energy Program, or energy related matters, contact the Energy Management Program at 257-2171, ext. 251 or 255.

Group Riding Course expands on riding skills

Course teaches etiquette and communication among riders



Mario Diprete
Base Safety Center

The Base Safety Center has just added a new motorcycle course to their list — the Group Rider Course. The GRC is a half-day event that blends the skills and knowledge the motorcyclists have learned by attending the Basic and Experienced Riders Courses and bumps it up to another level.

With so many motorcyclists experiencing the fun and enjoyment of riding together, riders and passengers alike will appreciate and benefit from this course. Riders will learn everything from where to place their bike on the roadway to how to communicate with the rest of the group while riding. We also cover other topics such as getting the group across intersections, passing, parking, and roadside emergencies, to name a few.

It's all relatively painless. We start by combining the showing of "The MSF Guide to Group Riding" video with a discussion of an accompanying handbook that riders keep after the course. The whole classroom portion takes roughly one hour, depending on how much each student participates. As a result, some classes are longer due to longer discussions times, than others. This is a good thing. We all have something to contribute through our own experiences.

What makes this a great event, besides filling the annual refresher training requirement, we actually take the group for a short ride off base and allow everybody the opportunity to be the "lead rider," or the rider in front, and the "sweep rider," or rider that brings up the group's rear — both with different and unique responsibilities.

There's a lot to know when it comes to riding in a group; you're not just responsible for your own safety and enjoyment, but you also share the responsibility for ensuring the ride is safe and fun for everyone involved.

The GRC is scheduled on a monthly basis. Call the Base Safety Center for registration and details at 257-1830. Enjoy the ride.

Practicing and understanding group riding etiquette and dynamics helps ensure everyone in the group enjoys a fun, safe ride — no matter what you ride.



Susana Choy

Motorcycle safety begins with training, education

Carole W. Butler
LIFELines Services Network

Novice motorcyclists yearn for the feel of the open road. They imagine tough riders barreling down the highway on cool Hogs. They don't imagine the feel of the open road scraping against bare skin in a long, horizontal skid. Unfortunately, accidents happen, and motorcycle safety takes priority over being cool at Navy and Marine Corps bases.

"A motorcyclist is at higher risk than a car driver of being seriously injured or killed if involved in a crash," says William Cosby, Traffic Safety Specialist, Motorcycle Programs, Naval Safety Center (NSC) in Norfolk, Va.

"The untrained rider does not fully understand the risks involved with riding and, consequently, makes bad decisions," Cosby continues. "Bottom line, when we ride a motorcycle, we are responsible for our own safety." One of the best ways to stay safe, therefore, is to complete a basic motorcycle rider course.

In addition to his position at NSC, Cosby is also the chief instructor and rider coach trainer for the Motorcycle Safety Foundation. This includes the basic learn-to-ride course, the experi-

enced course, and soon a more challenging experienced rider course. When offered on base, these courses are free for military personnel. The courses are also available to retirees, dependents, and civilian employees.

Petty Officer 1st Class Kelly Neubecker's motorcycle training exemplifies riding safely. "I always wanted a Harley," says Neubecker of her gleaming new Harley-Davidson. But although the Harley was her goal, Neubecker's first bike was a Suzuki Intruder 800, and before that, she learned to ride on an even smaller bike.

Neubecker is stationed at Oceana Naval Air Station, where personnel use their personal bikes for training on base. At the time, Neubecker did not own a bike, so she attended the three-day course at Tidewater Community College for a small fee that included the loan of a training bike.

"Northern Virginia community colleges provide motorcycles for the students," says Kip Johnson, a motorcycle safety instructor and safety specialist at Marine Corps Base Quantico. "We can't maintain and store motorcycles on base for 12 students."

Quantico's experienced rider course

requires personnel to use their own bikes. "You can't borrow a buddy's bike for this class," says Johnson. "We take them down on the range, and they practice braking, cornering, and swerving exercises at slow speeds. We don't do any Hollywood fancy stunts."

Another way to ride safely is to meet base safety regulations, such as wearing a long-sleeved shirt and full-finger leather gloves. Requirements vary from base to base. For example, Oceana and Quantico require sturdy shoes that cover the ankle, while other bases might not. Each safety office stipulates protective clothing and gear as well as checking license, registration, insurance coverage, and completion of a motorcycle rider course.

Besides being a requirement for a base sticker, riding courses also help motorcyclists get the most out of biking, according to Cosby. More information on the safety and aesthetics of riding, including a 10-step guide, is available at Discover Today's Motorcycling.

"When you accept responsibility and gain the experience for making good decisions, you truly gain the freedom that motorcycling is all about," says Cosby. "When you trash your bike or get hurt, you end up going nowhere fast."



Sempertoons

By Staff Sgt. Charles Wolf

			
<p>"I got skills and respect!"</p> 	<p>"I got style and motivation!"</p> 	<p>"I got teeth and I got teeth!"</p> 	<p>"It's official...! We were all a little NASTY until the Corps got a hold of US...!"</p> 

"Driver License Photos... We've all been there"

semperoons.com

DUIs can destroy life as you know it

Arlene H. Hull
LIFELines Services Network

Driving under the influence — what a foolish way to tarnish a shining military career. No matter how unblemished your record has been, no matter how many awards and citations you’ve received, no matter how close the next promotion is, you may find yourself kissing it goodbye with a DUI.

“Know when to say when.” “Friends don’t let friends drive drunk.” We’ve all heard the advertising campaigns, but are you really listening to the warning they are giving you? Not only in your military career, but also in your everyday life, and the lives of others, a DUI can have devastating effects.

This can happen to you

Okay, let’s pretend that you have heard all the advertising slogans, you’ve heard others talking about designated drivers, and you’ve read about DUIs. And you still insist on being irresponsible. You think you can still drive safely after having a

few drinks.

You leave the bar, jump into your car, and head down the road. Wait a minute, was that the curb you just ran over? And, whoa, that was a red light you just ran! Before you know it, there are the flashing blue lights in your rear-view mirror.

You fumble for some gum or mints or anything to mask the smell of alcohol on your breath. Don’t bother; it won’t work. The officer at the window asks for your license, your registration, your military ID, and asks you to step out of the car. Then it hits you; you’re busted. Panic sets in, and you find yourself wondering what will happen to your career and the promotion you were just months away from.

First offense

If this is your first offense, you may have the chance to make amends. But there will be harsh consequences.

You will receive a traffic ticket for driving

under the influence and most likely for that red light you ran. You will have to appear before a judge for sentencing. If convicted, your driver’s license will be suspended and you’ll have to attend an alcohol abuse rehabilitation program. You will be sentenced to complete a minimum of 48 hours of community service work, and/or do up to 5 days of jail time, and/or fined up to \$1,000. If jailed, you will have to face the embarrassment of calling someone to pick you up. Your car may be impounded. And if that’s not enough, your insurance premium will increase.

In addition to punishments imposed on you by the civilian authorities, there will be some on base as well. If you were stopped while driving on base, you will lose your driving privileges on base for a period of time, if not indefinitely. You will have to attend an Alcohol Abuse class on base. Your commanding officer will have the option of imposing any further punishment. You probably don’t need any help to imagine how your spouse, kids, parents, and friends will

feel about you being jailed.

If there’s damage or injury

The above scenario was assuming that you were alone in your car, no other car was involved, and no one was physically injured. It’s an even more disastrous story if there is property damage or injury. If you hit another car, a tree, or other solid structure and cause property damage, you will find yourself with a costly repair bill if your insurance company denies payment as a result of your being charged with a DUI. Even if your insurance company does cover the damage, they will likely cancel your coverage.

How will you feel if you injure a buddy or a loved one? You could be charged with manslaughter and serve prison time. Are you willing to risk losing your freedom over the temporary “buzz” and live the rest of your life with the guilt of knowing your irresponsibility caused another person serious injury, or death?

Second offense

If this isn’t the first time this has happened to you, you’ve just blown the second chance that the Navy or Marine Corps gave you. This time you probably will be administratively

separated from the service. So now your career is gone, probably your driving privileges, your insurance, and chances are, your family. Was it all worth it?

Understand blood alcohol levels

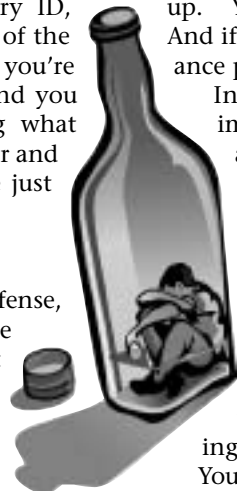
While responsible people don’t drink to the point that they have to worry about being charged with a DUI, it is important to know and remember what constitutes a DUI. Every state has its own legal limits for blood alcohol levels and it’s important to know what your limits are.

Designated drivers

Don’t drink if you plan to drive. If you know you’re going to drink, it is important to pick a designated driver in advance. Check with your local Marine Corps Community Services to see if they have a Designated Driver Program.

Don’t take the risk

You work hard every day in your service career. You put yourself in harm’s way protecting the lives of others. Why not be responsible and do it on the streets as well? Be a responsible drinker; don’t take chances with your life or mine.



Word to Pass

HQBN to Hold Haunted House

Halloween is here once again and this year the Haunted House aboard MCB Hawaii, Kaneohe Bay will be much larger, and much spookier than ever.

Located in Pless Hall, next to Dewey Square, all the ghosts and goblins will be creeping and crawling throughout the nine haunted rooms starting tonight from 7 to 10 p.m. The cost for children 12 and under is \$3 and adults are \$4. The house is also open Saturday, Oct. 29 – 31, 7 – 10 p.m. There will be parking available at Base Legal and at the bus stop next to the Auto Skills Center and car wash.

For more details, contact Gunnery Sgt. Douglas Peercy at 257-1252.

Volunteers Sought for Make A Difference Day

Mokapu Elementary School is having its 7th Annual Make A Difference Day activities on Saturday from 8 a.m. to 4 p.m.

The national Make A Difference Day is a day spent volunteering, not just at the local level, but also at the national level. Started by the USA Today newspaper 12 years ago, this event has been growing ever since.

Volunteers will spend the day beautifying school grounds by painting classrooms and other areas as needed.

Food donations may be dropped off at the cafeteria Saturday starting at 7 a.m.

To volunteer or donate items, call 254-7964 and ask for Vicki Lyons or leave a message.

Phone Books to be Recycled at Mokapu Elementary

Mokapu Elementary is participating in the recycling project of old phone books sponsored by Verizon.

School officials have asked that collected phone books be turned in and placed in front of the school cafeteria prior to Oct. 31. Telephone

book recycling saves trees, water, electricity, and valuable landfill space. Oahu schools can earn up to \$2,000 for participating during this contest period. Teach your children to help protect the Earth’s resources by recycling.

If you have any questions, call the Mokapu office at 254-7964.

Dessert Fantasy 2004

More than 50 of Hawaii’s favorite desserts and sweets will be showcased at United Cerebral Palsy Association’s Dessert Fantasy fundraiser, Nov. 7. Tickets are \$20 per person and allow event goers two hours of unlimited dessert sampling.

For more information or tickets call 532-6744.

Concert on the Beach

Duke’s Canoe Club Waikiki announces its new October “Concerts on the Beach” lineup, featuring live music by Island-favorite performers Fridays, Saturdays and Sundays from 4 to 6 p.m. October’s entertainment schedule is as follows: Kaala Boys, tonight and Oct. 29 Kapena, Saturday and Oct. 30

For more details, call 922-2268

Comedian Tom Rhodes at Blaisdell Center

The Laugh Factory presents comedian Tom Rhodes on Oct. 29 and 30 at 7:30 p.m. at the Neal Blaisdell Center Pikake Room.

Tickets are on sale now for \$25 general admission and \$30 reserved at the box office and all Ticketmaster locations. To charge-by-phone, call (877) 750-4440 or logon to www.ticketmaster.com.

Registration deadline looms for ACT test

College-bound high school students can take the ACT Assessment on Dec. 11, the next national test date. The deadline for postmark registration is Nov. 5. Students can get

registration materials from their guidance counselor or register online at www.actstudent.org.

The Royal Hawaiian Dresses up for the Holidays

Each hotel celebrates the holiday season a bit differently; at The Royal Hawaiian, the “Pink Palace of the Pacific,” they pride themselves on their elegant decorations and lavish food. Just when you think there could be no more pink at the hotel; the staff adorns it with pink flowers, pink ribbons, pink lights and pink ornaments. Year after year, visitors from around the world stop by during the holiday season to leisurely walk through its public areas and enjoy the sense of the holiday celebrations.

Be sure to check out the dining opportunities in the world famous Surf Room, right on Waikiki beach.

For more information or reservations, call 931-8383.

HPU Seeks Entries for James M. Vaughan Poetry Award

Hawaii Pacific University is currently seeking entries for the James M. Vaughan Award for Poetry. The award will recognize a Hawaii writer for an outstanding poem or group of poems. The winner will receive a \$500 cash award and will be featured in Hawaii Pacific Review, the annual literary magazine published by HPU.

To participate send three poems with a 100-line limit each, with your name, address, phone number, e-mail, and names of poems on a cover page (no name on other pages), and a five-line biography to the James M. Vaughan Award for Poetry, 1060 Bishop Street, Suite 402, Honolulu, HI 96813. Participants must be a current resident of Hawaii. Submitted poems must not have been previously published. Submissions must be postmarked by Dec. 1. Manuscripts will not be returned.

The winner will be announced in January, and an award will be given at HPU’s annual Koolau Writing Workshops on March 5.

Club Reaches Out to Japanese Wives

Sakura-no-Kai, a Japanese military wives club, is reaching out to Japanese wives who are married to local service members. The organization helps with transition problems Japanese wives may incur with the military and American culture. The club meets once a month and typically hosts guest speakers and activities such as cooking, handcrafts, first aid, CPR, beach parties and more. Lunch is provided and children are welcome.

There is no membership fee, the club is not a religious group, and all ranks and military service wives are welcome, any time, to exchange useful information, whether it’s preparing for childbirth, improving marital relations, learning new skills, exchanging recipes or having tea.

Pick up a copy of the club’s newsletter at the Kaneohe Bay commissary or contact Hiroko Hagen at 239-2308 for more details.

Local Theatres Celebrate the Arts

If the play’s the thing for you, catch any one of the following performances:

•*Dec. 27:* At the Blaisdell Concert Hall, groups may reserve seating for “Grease” starring Frankie Avalon, which will run Dec. 27, 2004 – Jan. 2, 2005. Groups of 20 or more will receive a 10-percent discount off tickets ranging from \$44 – \$74. Call 723-7733.

•*Upcoming:* At the Army Community Theater (Richardson Theatre, Fort Shafter), get season tickets for “West Side Story,” “The King and I,” “Miss Saigon,” and “The Secret Garden,” all now available. Call 438-4480 for more details.

•*At the Honolulu Symphony:* Catch the Hawaiian Airlines Pops Series of classical and pop selections from Burt Bacharach to Arturo Sandoval. Tickets are on sale now. Visit www.HonoluluSymphony.com.

HTY Invites Military Kamaaina

To celebrate 50 years of quality children’s theatre entertainment and drama, the Honolulu Theatre for Youth will present six spectacular shows by esteemed local and national playwrights. Artistic Director Mark Lutwak said the shows offer “some compelling ‘message’ theatre, it boasts a few world premieres, and it’s a line-up that appeals to everyone from teachers to 2-year-olds, to teens and their families.”

A military special is available for all active duty, family members and retirees with a valid ID card of buy one ticket, get one of equal or lesser value free. And season tickets are \$16 for adults, \$8 for youth (18 and under) and seniors (over 60).

Surf www.htyweb.org for details, or call HTY at 839-9885.

Adults Sought to Change a Pregnant Teen’s Life

The Mary Jane Program of Catholic Charities Hawaii is seeking safe and caring foster homes to place teenage girls who are unable to stay with their own families during their pregnancy. Currently, there’s demand for licensed “host homes” throughout Oahu.

Each teen is carefully screened to ensure that she can commit to following the host home family’s house rules and expectations. Also, the teen is placed under the family’s care at any point of her pregnancy, for up to four months after giving birth.

This Mary Jane Program provides continued support for the host family and teenager, in addition to a monthly stipend to the host family.

For more information, call Pam at 263-2958.

Make a Difference Day to celebrate K-9s

Humane Society sets aside a day for canines to shine in the sun

Hawaiian Humane Society
Press Release

Each year on national Make a Difference Day, volunteers lend their hands in service to their community. This year, that special day falls on Saturday, the same day that more than 55 volunteers will dedicate time to their “pet” charity — the Hawaiian Humane Society — which celebrates its love for dogs at K-9 Game Day at Thomas Square Park.

Every day, the humane society relies on an

army of volunteers to complete the tasks necessary to run the animal shelter and its programs. “These folks definitely ‘make a difference’ in a big way, every day,” said Gayle Puou, coordinator of volunteers for the society. “Our valued community partners donate their time to greet shelter visitors, assist with adoptions, clean kennels and perform clerical duties. They assist the society in so many ways. On Make a Difference Day, they will also help create a fun event for dog lovers.”

Tracy Watkins, a K-9 Game Day committee member, is one of the 1,027 volunteers who has contributed 96,269 hours to the organization in fiscal year 2004. She has been volunteering at the humane society for more than 10 years and been a part of K-9 Game Day since its inception.

“The first K-9 Game Day in 2002 was pretty

low-key,” Watkins said. “We had never tried an event quite like this before. It was really an informal morning of fun, not a fund-raiser like some of the other humane society events. The turnout was good for the first year. Then, in 2003 we added more activities and publicity so even more people attended. This year’s K-9 Game Day will be the biggest and best ever.”

Thanks to the hard work and dedication of the society’s staff and volunteers, K-9 Game Day will include fun for four-legged friends and family. From 9 a.m. until 2 p.m., people and their leashed pets will be able to socialize, enjoy the games and be pampered, as well as learn more about the humane society and its programs.

See K-9, B-8

K-9 Game Day

Where: Thomas Square
Time: 9 a.m. to 2 p.m. Oct. 23 with pet costume contest at 11 a.m. and hot dog bobbing contest at 11:30 a.m.
Admission: Free; parking available at the Neal Blaisdell Center for \$4.
Information: For a schedule of games, visit www.hawaiianhumane.org.



ON THE MENU AT ANDERSON HALL

Today
Lunch
Oven Roast Beef
Baked Tuna & Noodles
Steamed Rice
French Fried Cauliflower
Vegetable Combo
Chocolate Chip Cookies
Asst. Fruit Pies

Dinner
Sauerbraten
Knockwurst w/Sauerkraut
Cottage Fried Potatoes
Boiled Egg Noodles
Green Beans w/Mushrooms
Chocolate Chip Cookies
Asst. Fruit Pies

Specialty Bar
Pasta Bar



Saturday
Brunch/Dinner
Grilled Steak
Pork Chop Mexicana
Mashed Potatoes
Spanish Rice
Mexican Corn
Fruit Nut Bars
Asst. Fruit Pies

Sunday
Brunch/Dinner
Beef Pot Pie
Baked Ham
Baked Macaroni and Cheese
Cauliflower Au Gratin
Bread Pudding w/Lemon Sauce
Peanut Butter Cookies

Monday
Lunch
Teriyaki Chicken
Salisbury Steak
Steamed Rice
Mashed Potatoes
Simmered Lima Beans
Apple Crisp
Asst. Fruit Pies

Dinner
Baked Meat Loaf
Oven Roast Beef
Parsley Buttered Potatoes
Pork Fried Rice
Green Beans w/Mushrooms
Apple Crisp
Asst. Fruit Pies

Specialty Bar
Pasta Bar

Tuesday
Lunch
Barbecue Spareribs
Veal Parmesan
Oven Browned Potatoes
Buttered Egg Noodles
Simmered Asparagus
Devil's Food Cake w/Mocha Butter Cream Frosting
Asst Fruit Pies



Dinner
Swiss Steak w/Brown Gravy
Baked Fish Fillets
Lyonnaise Potatoes
Steamed Rice
Southern Style Green Beans
Devil's Food Cake w/Mocha Butter Cream Frosting
Asst. Fruit Pies

Specialty Bar
Taco Bar

Wednesday
Lunch
Baked Ham
Chili Macaroni
Candied Sweet Potatoes
Grilled Cheese Sandwich
French Fried Okra
Bread Pudding w/Lemon Sauce
Peanut Butter Cookies
Asst. Fruit Pies

Dinner
Baked Stuffed Pork Chops
Turkey Pot Pie
Mashed Potatoes
Steamed Rice
Calico Corn
Bread Pudding w/Lemon Sauce
Peanut Butter Cookies
Asst. Fruit Pies

Specialty Bar
Hot Dog Bar

Thursday
Lunch
Cantonese Spareribs
Baked Tuna & Noodles
Shrimp Fried Rice
Corn on the Cob
Pineapple Upside-Down Cake
Asst. Fruit Pies

Dinner
Swedish Meatballs
Caribbean Chicken
Steamed Rice
O'Brien Potatoes
Simmered Brussels Sprouts
Pineapple Upside-Down Cake
Asst. Fruit Pies

Specialty Bar
Taco Bar

K-9, From B-5

Who let the dogs out?

A schedule of zany games will keep the crowd delighted. To be triumphant at Musical Hula Hoops, dogs and their owners must walk around the hoops placed on the ground while remaining calm and focused. Just like musical chairs, there will be one less hoop than there are dogs. When the music stops, each dog claims an empty hoop and sits inside it. One pooch and his person are eliminated after each round until the last dog sits victoriously in the final hoop. Winners will be showered with prizes and donated doggie-themed gifts.

Hungry canines will also want to take a bite out of Hot Diggity Dog. This is the canine equivalent to bobbing for apples. The dog that gobbles up floating hot dog bits the fastest will walk away with a full belly and another prize. There will also be a fashion relay race, a timed “retrieve it” game and an agility course for pooches interested in testing their athleticism.

John Matthews, morning DJ at Oldies 107.9 FM, will host the pet costume contest. With Halloween just a week later, it is a good time for dogs to strut their stuff in costume. “The costume contest is always the highlight of the day,” Watkins said. “The creativity is amazing, and the dogs seem to love it, too.”

There will also be food booths set up at Thomas Square with refreshments for dogs and people. Canine pals can receive a relaxing massage, quickie professional grooming or nail painting. Brand new this year is the “Ask a Professional” tent where pet owners can get expert advice from a veterinarian, canine nutritionist and Marty Hutchins, shelter animal behavior coordinator.

Another new feature for K-9 Game Day 2004 is a tent staffed with adoption counselors and adoptable dogs. Look for the ban-

ner that says “Adopt me!” Those interested in adopting a dog could find a friend for life in Thomas Square.

More than just fun and games

The society’s 2005 Pets in Paradise calendar will be available for \$10 each at K-9 Game Day. Sixty colorful pages show off more than 1,100 photos contributed by Hawaii pet lovers. Created just for Love-a-Dog month, Crazy Shirts’ new Adopt-a-Dog T-shirts will also be available for purchase. These limited-edition T-shirts come with a coupon for a free canine microchip ID at K-9 Game Day or at the Crazy Shirts shops at Ala Moana and Pearlridge (only during October).

A major event highlight includes the early arrival of Santa and Mrs. Claus to the islands for the first session of the society’s annual “Pictures with Santa Paws.” This activity is made possible by donations from FujiFilm Hawaii and professional photographers. A group of volunteers will coordinate festive holiday accessories for those who pose for their holiday photo for a \$20 donation to the society

“Because this is such a popular event in the society’s garden on the first weekend in November, we expanded it to an additional day,” Watkins said. “We hope that lots of dog lovers will bring their whole family for a professional holiday photo of the entire family, pets included.”

The photos and picture CD will be mailed within a couple weeks, arriving in plenty of time to make custom holiday cards.

“None of these great activities would be possible without the contributions of our volunteers,” said Puou. “They make a difference in the lives of animals every day, but especially on Make a Difference Day. K-9 Game Day will be a tail-wagging good time. We hope that all Oahu dog lovers will add to the fun in the park, and don’t forget to bring your dog.”



Photo Courtesy of Hawaiian Humane Society

This year’s Hawaiian Humane Society’s K-9 Game Day is sure to serve up a great time for canines and owners alike, with plenty of food, games, contests, professional advice from veterinarians and more.

MARINE MAKEPONO

HAWAIIAN FOR “MARINE BARGAINS”

Automobiles
’96 Chrysler Sebring, 56,000 miles, fully loaded, leather interior, excellent condition. Asking \$7,500 OBO. Call (831) 277-5155.

Bicycles
20-inch boy’s Huffy, red, with pegs, \$50; Micro scooter with wheelie bar, \$20. Call 262-8789 (day).

Pets
Mixed Labrador retriever, female, spayed, 2-years-old. Asking \$200. Call 429-6882 (day) or 254-7181 (night).

Miscellaneous
Ocean Kayak, one-seater, in excellent condition. Asking \$400. For details, call 262-8789.

Those interested in advertising must bring a valid DoD-issued ID to the Hawaii Marine office.

For more information, call 257-8836 or 257-8837.